

# Zuckerberg lied to Senate, Sandberg asked me to bed, says author

*A former Facebook executive has written an insider account of a company that she says was run by status-hungry and self-absorbed leaders.*

By Jennifer Szalai

The publisher of **Careless People** kept the existence of this memoir a secret until a few days ago – with good reason, it turns out.

For seven years, beginning in 2011, the book's author, Sarah Wynn-Williams, worked at Facebook (now called Meta), eventually as a director of global public policy. Now she has written an insider account of a company that she says was run by status-hungry and self-absorbed leaders, who chafed at the burdens of responsibility and became ever more feckless, even [as Facebook became a vector for disinformation campaigns](#) and cosied up to authoritarian regimes.

